

★ Big Dreams (Lifetime Goals) ★

Goal #1:

Goal #2:

Goal #3:

★ 2023 Goals ★
Habitual, Achievement, Principle-based

Goal #1:

Goal #2:

Goal #3:

Goal #4:

Goal #5:

Goal #6:

Goal #7:

Goal #8:



ACTION PLAN FOR 2023 GOALS



RESOURCES NEEDED

Handwriting practice area with horizontal dotted lines.

Goal #4:		When?
STARTING STEPS		
Goal #5:		When?
STARTING STEPS		
Goal #6:		When?
STARTING STEPS		



ACTION PLAN FOR 2023 GOALS



RESOURCES NEEDED

A large rectangular area with a purple border and horizontal dotted lines for writing resources needed.

Goal #7:		When?
STARTING STEPS		
Goal #8:		When?
STARTING STEPS		



Yearly Overview



JANUARY

FEBRUARY

MARCH



Yearly Overview



APRIL

MAY

JUNE



Yearly Overview



JULY

AUGUST

SEPTEMBER



Yearly Overview



OCTOBER

NOVEMBER

DECEMBER



Monthly Reflection and Preparation



Goals that are growing well	People who supported me/I am grateful for
I'm giving myself a break about	Progress I'm celebrating
A favorite memory from the month	A good lesson I learned
I'm saying YES to next month	I'm saying NO to next month
Tasks or Projects I want to get done/work on next month	I'm excited for...
I'm worried and stressed about...	I'm hopeful that...